



## LEARNING STYLES REFLECTION

Name: \_\_\_\_\_ Grade: \_\_\_\_\_ Date: \_\_\_\_\_

**Based on your interpretation of the learning survey, please answer the following questions neatly in the spaces provided. Take your time, this is not a race.**

According to the survey, what two learning styles do you use most? \_\_\_\_\_ &

\_\_\_\_\_. Do you agree with the result? \_\_\_\_\_. In what type of

learning situations would you use these learning styles? \_\_\_\_\_

Read the Learning Styles Handout and write down 6 techniques/strategies that you can use to make you a successful learner

_____	_____
_____	_____
_____	_____

How does knowing your learning style help you in your studies? \_\_\_\_\_

How do you think this could help you in lectures? \_\_\_\_\_

How do you think this could help you in note taking? \_\_\_\_\_

How can it be helpful in your interactions with others? \_\_\_\_\_

List the type of pursuits listed in your most dominate two learning styles: \_\_\_\_\_

\_\_\_\_\_

## KEIRSEY TEMPERAMENT SORTER REFLECTION

**Read the results of your Keirsey Temperament Sorter that indicates your personality type, and then answer the following questions.**

According to this survey, what personality type are you? \_\_\_\_\_

List four traits of this type that you think apply to you:

\_\_\_\_\_  
\_\_\_\_\_

Do you agree this is actually your personality type? \_\_\_\_\_ Why or why not? (Answer by agreeing or disagreeing with specific traits)

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

What is your long-term educational/occupational goal (6 or 7 years from now?)

\_\_\_\_\_

What types of occupations is your type of personality drawn to? \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

List two specific job titles that match your personality. \_\_\_\_\_

& \_\_\_\_\_ .

Do these occupations match with the pursuits listed in your learning styles? Why or Why not?

\_\_\_\_\_  
\_\_\_\_\_

Which do you consider more accurate, your learning styles pursuits or your personality occupations?

\_\_\_\_\_ Why? \_\_\_\_\_