



LESSON PLAN

GRADE: 10

MEETING: 4

DATE: 11/12/09

THEME: Academic/
Career
Exploration

NAVIGATION 101:

CLEAR, CAREFUL, AND CREATIVE PLANNING FOR LIFE BEYOND HIGH SCHOOL

Announcements:

Lesson Goal:

- Help students reflect on their goals and dreams for the future.

ESSENTIAL QUESTIONS:

- How am I doing?
- What am I interested in?
- What should I do?

MATERIALS NEEDED:

Where are you Going? Booklet (one copy for each student)
Academic Inventory form

CLASSROOM REVIEW:

Check Academic Goals from the last advisory for SMART. Students will need this sheet for next activity.

CLASSROOM ACTIVITY 1:

Check that all students brought a grade printout. Distribute the *Academic Inventory* handout and ask students to check if their grades match the academic goals they set for themselves? What is their plan to maintain or improve their grades? Fill out the *Academic Inventory* form. File the grade print out and the *Academic Inventory* in the **Academic Section**.

**CLASSROOM
ACTIVITY 2:**

INTRODUCTION TO *WHERE ARE YOU GOING?*

(5 minutes)

Read the first column on page 1 of *Where Are You Going?* with the students. Point out that the brainstorming about interests, aptitudes, temperament, education, working conditions, and pay & work hours is a good way to learn about yourself, in other words, do a self-assessment. Students will complete Exercises 1A, 1B, 1C, 1F, and 1G on pages 1-2. Encourage students to fill in 2-5 choices in each category, keeping in mind that some students have more self-knowledge than others.

**CLASSROOM
ACTIVITY 3:**

COMPLETE SECTION I CAREER SEARCH. *(10-15 minutes)*

- Students will complete pages 1-6. For pages 3 – 6, students will read the lists in the left column and circle the items which they feel fit them.
- Students then count up the items and write the number in the bold “Total number circled in box” contained within each larger rectangle/section.
- Students will put a star next to the three boxes with the largest number.
- Students will choose the three starred boxes, match them with the “career cluster options” on pages 7-8, and put a star next to each corresponding cluster.
- Keep the *Where Are You Going?* Booklet in the back pocket of the portfolio.

HOMEWORK:

Students are required to bring a grade printout next Advisory.

Note to Advisors:

Next Advisory will have additional time to finish this lesson.

Grading:

Award 1 point for participation & *grade printout*
Award 1 point for completion of *Academic Inventory* and working on pages 1 – 4 & the reflective paragraphs.



ACADEMIC INVENTORY - Gr 10

Name: _____ Grade: _____ Advisor: _____

Please use information about your grades to answer the questions on this handout.

HOW ARE YOU DOING IN YOUR CLASSES THIS YEAR?

(Note your grade and whether you think you are doing well or not.)

Language Arts: _____

Math: _____

Science: _____

Social Studies: _____

Elective (): _____

Elective (): _____

What factors contributed to your performance?

- Studying at home or at school
- Finding new ways to study to manage your high school workload
- Turning in homework assignments on time
- Attending class
- Working with a tutor at school
- Getting extra help from a teacher
- Attending a catch-up study session
- Other: _____

ACADEMIC INVENTORY, Continued

WHERE ARE YOU DOING WELL?

In which classes did you do best?

Were you surprised at how well you did?

Why do you think you did so well?

WHERE DO YOU NEED TO IMPROVE?

In which classes do you need to improve?

Were you surprised that you didn't do as well as you expected?

How can you improve?

WHAT IS YOUR PLAN TO DO BETTER ACADEMICALLY? *(Please write a short response about how you can strengthen your academic performance.)*

PLEASE FILE THIS IN THE ACADEMIC DEVELOPMENT SECTION OF YOUR PORTFOLIO