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## LESSON PLAN

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**GRADE:** 10  
**MEETING:** 2  
**DATE:** 10/1/09  
**THEME:** Building Community

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### NAVIGATION 101:

CLEAR, CAREFUL, AND CREATIVE PLANNING FOR LIFE BEYOND HIGH SCHOOL

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**Announcements:**

If you miss any advisories, it is **your responsibility** to meet with your advisor at another time to make up missed activities **before the next advisory session.**

**Lesson Goals:**

- Help students reflect on their involvement in the school/ community.
- Reflect on volunteer service activities.
- Create a citizenship goal.

**ESSENTIAL QUESTIONS:**

How can I get involved?  
How can I contribute?

**MATERIALS NEEDED:**

Citizenship Goal Handout- one per student  
List of school activities- one per student

**CLASSROOM  
ACTIVITY 1:**

**DISCUSS HOW STUDENTS HAVE BECOME INVOLVED  
AT SCHOOL (5-10 minutes)**

Your students are now in their second year of high school. How have they gotten involved at school? What are their plans for their remaining three years? Use the school activities list to spark discussion. You decide how you would like to conduct this activity- as a whole class, in groups or individually.

**CLASSROOM  
ACTIVITY 2:**

**REFLECT ON YOUR STUDENT'S SERVICE ACTIVITIES  
(5-10 minutes)**

Discuss activities that your students have been involved in **outside** of the school. What worked? What didn't? Why? Did students feel more a part of the larger community by volunteering? To start the discussion, the advisor may wish to discuss activities they have been involved with or things they

## CLASSROOM ACTIVITY 3:

have seen in the community. You may also want to brainstorm possible volunteer opportunities and write them on the board for your students to reference while writing their citizenship goal.

### **HAVE STUDENTS CREATE CITIZENSHIP GOALS**

*(10-15 minutes)*

Distribute the Citizenship Goal Handout.

Review “SMART” goals from last year.

### **“SMART” GOALS CLASS DISCUSSION**

1. Ask students this question: “What do you want to do next year?”
2. Call on 1 or 2 students to share a goal.
3. Write this goal on the board or overhead (if not available, have the students write the example goals on a piece of paper).
4. Ask the class how they would be able to determine if the example goals had been met or not.
5. Talk about each of the components of a “SMART” goal.
  - **Specific** rather than general.
  - **Measurable** amount of time.
  - **Achievable** or realistic for a 10<sup>th</sup> grade student.
  - **Rewarding** or positive rather than negative.
  - **Time-oriented** able to complete by the end of the school year.

Ask each student to write a goal statement about his or her involvement in the school and volunteer activities.

*Example: CITIZENSHIP GOAL: This year, I will participate at school and in the community by attending committee meetings and contributing my time for at least one Sophomore class ASB activity. I will also shovel snow twice this winter for one of my elderly neighbors.*

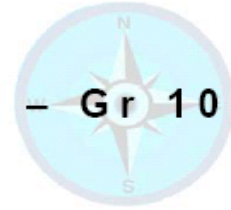
## Points:

Give students one point for participation today, and one point for completing a citizenship goals worksheet

## Extracurricular Activities at DPHS

Annual	ASB	Band
Baseball	Boys Basketball	Boys Soccer
Boys Tennis	Choir	Class Officers
Cross Country	DECA	Drama
FFA	Football	Foreign Language Club
Girls Basketball	Girls Soccer	Girls Tennis
Golf	Key Club	Knowledge Bowl
Literary Magazine	NHS	SADD
Science Club	Softball	The Stag
Volleyball	Wrestling	Wrestling Cheerleaders
Bowling Club	Equestrian Club	

# CITIZENSHIP GOAL WORKSHEET – Gr 10



Name: \_\_\_\_\_ Grade: \_\_\_\_\_ Advisor: \_\_\_\_\_

## WHAT DOES IT MEAN TO BE A CONTRIBUTING CITIZEN?

To be a citizen means to be a **member** of a community. You may be a citizen of a country, of a local community, even of a workplace or school.

But being a citizen also means you have a **responsibility** to that larger community.

As a student, being a contributing citizen at school means you've got a responsibility to be involved in the life of the school, by joining a club, playing a sport, getting involved in student government or serving as a volunteer.

As a member of a larger community, the community where you live, your responsibilities are increasing as you get older. For now, being a contributing citizen means finding ways – such as by volunteering – to participate in the life of your community.

How do you participate in the community at school? \_\_\_\_\_

How do you participate in the life of your larger community? \_\_\_\_\_

## CITIZENSHIP GOAL

Think about these questions as you update your Citizenship Goal. Remember that your goal should be "SMART," that is, it should be specific, measurable, achievable, rewarding, and time-oriented.

**CITIZENSHIP GOAL:** This year, I will participate at school and in the community by



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